

Avera CNA On-Line Training Solutions®
Nebraska: Clinical Supervision Documentation

Facility: _____ (Please Print)

Student: _____ (Please Print)

Place a check mark or "X" in the box of the tasks/training completed (leave blank if not). Items indicated by a single asterisk (*) are skills that are mandatory and included as part of the skills test for certification.

Vital Signs

- Temperature/Thermometers
 - ***Oral (Electronic)**
 - Rectal
 - Tympanic
 - Axillary
 - Temporal
- ***Measuring Radial Pulse**
- ***Measuring Respirations**
- ***Blood Pressure (manual)**
- Electronic BP (areas not to do)
- ***Measuring Ht & Weight—Standing scale**
- Weight: W/C, Tub lift; Hoyer lift, Other

Environment, including facility tour

- Bed making
 - ***Changing Occupied**
 - ***Changing Unoccupied Bed**
- Linen System (handling per facility infection control policy)
- Provide Clean/Safe Bedside; Call Light
- Privacy and Privacy Curtain
- Room and Bath Room Trash

Personal Hygiene (Report skin changes to Nurse)

- ***Tub Bath**
- ***Shower**
- ***Bed Bath**
- ***Partial Bath (include pericare)**
- Perform and/or discuss other types
- Hair and Nail Care
 - Shampoo/shampoo tray
 - ***Hair care** (comb from bottom)
 - ***Shave (electric & safety razor)**
 - Nail care** (no nail care on Diabetics)
 - Foot care (dry between toes, no lotion between toes)
- Vision Impaired – Eyeglass/devices (Cataracts, Glaucoma, Macular Deg.)
- Hearing Impaired - Hearing Aid

Oral Care (wear gloves!)

- ***Teeth Brush/Routine Oral Hygiene - twice daily & PRN**
- ***Care of Dentures – transport in cup**
- Partial plate(s)
- ***Oral Hygiene – Unresponsive – every 2 hr**
- Toothettes/other swabs
- ***Back Rub (Lotion)**

Perineal Care

- ***Female** (cleanse front to back)
- ***Male** (start @ urethra & down shaft)
- ***Catheter care (male, female)**
- ***Dressing/Undressing/Partial Dressing**
 - Remove gown from strong side first
 - Dress weak side first
 - Footwear on when out of bed
 - Careful with IVs, tubes/drains
- ***Applying Elastic Support stockings**
 - Other Orthotic devices
 - Ace Wraps

Bowel and Bladder

- ***Assist with Bed Pan/Fracture Pan**
- ***Assist with Urinal**
- Bedside Commode
- Constipation/Impaction/Obstruction
- Sanipan/hat
- Toilet regularly
- Output
 - Voided
 - Catheter
 - Other output sources
 - Colostomy/ileostomy
 - Ureterostomy
- ***Changing Incontinent Briefs**
- ***Emptying Urinary Drainage Bag**

Meal Service

- Prepare Resident/handwashing/
 - Napkin or clothing protector
- Serve Trays
- Prepare Tray
 - Special diets (Diabetic, Lo NA)
 - Thin liq. & choking, Thickener, Pureed
 - Aphasia, Dysphasia, Dysphagia
- ***Feeding Dependent Resident & Recording Intake/Output**
 - Feeding/Dining techniques
- Dining Room Procedure
- Diet cards
- Between meal snacks/supplements
- ***Passing Fresh Ice Water**
- ***Measuring Fluid Intake**
 - Encourage fluid intake
 - Fluid restriction
- NPO
- Loss of smell, ↓appetite, malnutrition

- *Abdominal Thrust**
- Food Safety/cross-contamination
- Hepatitis A, Hepatitis B
- Positioning/Transfers/Gait Belt Use
 - *Assist to Ambulate**
 - *Assist to Ambulate with Cane**
 - *Assist to Ambulate with Walker**
 - *Transfer Bed to Chair or W/C**
 - *Transfer W/C to Toilet or Chair**
 - *Transfer Resident: Bed to Chair**
 - *Turning Resident to Lateral Position**
 - *Turning Resident to Lateral Position Facing Toward You**
 - *Turning Resident to Lateral Position Facing Away From You**
 - Cross ankles (as appropriate)
 - Pillows (back, legs, upper arm)
 - Abductor/Abduction Pillow
 - *Moving Up in Bed: One Assist Procedure**
 - *Moving Up in Bed: Assist w/Lift Sheet**
 - Use of Trapeze
 - Use of Hand Roll/splints
 - Use of Foot Board/Orthotics
 - Float heels
 - Special position devices/Bed cradle
 - Trochanter Roll
 - EZ stand & Mechanical./Hoyer(amt. assist)
 - Nervous vs. Orthopedic systems
 - Falls (most common injury, prevention, what to do if resident falls)
- Skin Care
 - Incontinence Care (including Peri-Creams, incontinence briefs)
 - Pressure Ulcer Prevention
 - Turn every 2 hours minimum
 - Lotion/Skin care products
 - Sheepskin/heel-elbow protectors
 - Alternating air pressure/other Mattress, w/c cushions; Eggcrate
- Specimen Collection (Best to obtain in AM)
 - Routine Urine Specimen
 - Sputum
 - Stool
- Care of Resident with:
 - NG Tube or Gastrostomy Tube
 - Admission Procedures (Assist to room, Vital signs, Wt, Call light, etc.)
 - Transfer & Discharge Procedure
 - Care of the dying resident
 - Post mortem care
- Communication/Documentation
 - Assignment Sheet/Reporting/Charting
 - Flow sheets/charting/VS, Wt, BMs
 - Care Plans
 - Location Emergency Equipment
 - Crash cart/CPR barrier shield
 - AED

- Care of Patient with Special Needs
 - Fx Hip – Hip Precautions
 - Arthritis (Osteo vs. Rheumatoid)
 - Cancer
 - Seizures (what to do)
 - Depression (invite/introduce)
 - Combative Behavior
 - Intellectual Disability
 - Paralysis (Hemiplegia, Paraplegia, Quadriplegia)
 - Dementia (calm, quiet environment)
 - Delirium (acute confusion)
 - Pain
 - Osteoporosis
- Communication & Interpersonal Skills
 - Staff
 - Family; visitors
- Restorative Nursing (↑ Indep., Adaptive equip)
 - Feeding
 - Dressing
 - Grooming
 - Bowel and Bladder
 - *Passive Range of Motion**
- Patient and Employee Safety
 - Restraints, including definition of restraint
 - Body Mechanics (back safety); ergonomics
 - Incident Reports
 - Remove unsafe equipment
- Fire and Disaster
 - RACE, Fire Pull Stations
 - Use of fire extinguisher (PASS)
 - Participation in drill
 - Evacuation lifts and carries
 - Disaster drills/emergency code
- Equipment & Alarms (notify Nurse)
- Infection Prevention and Control
 - Hand Sanitizer vs ***Handwashing**
 - *Handling Soiled Bed Linens**
 - *Handling Soiled Equipment**
 - *Handling Wastes**
 - *Glove Removal**
 - Do not commingle linen between residents
 - Disposal of waste
 - Standard Precautions
 - Transmission-Based precautions (Contact, Droplet, Airborne)
 - Use of disposable gloves
 - *Gown and gloves**
- Charting/Documentation
- Supply Storage – Location & Charges
- Other: _____

Instructor Signature	Date
Student Signature	Date