



Preparation for 1:1 Skills Performance Evaluation Process (minimum of 3 hours)

The 1:1 Skills Evaluation is designed to validate the level of understanding to properly, safely, and accurately perform the skills required to function as a Medication Aide. It is recommended that the student complete all of the online/didactic training prior to attempting the 1:1 Skills Evaluation. If the student successfully passes the Avera Education & Staffing Solutions 20-hour Medication Aide Training Program, then the student will complete a second 1:1 Skills Competency Evaluation with their employer. If the employer is a nursing home, assisted living facility or hospital, the student must also take and pass the South Dakota Board of Nursing computer Registry Exam for med aides prior to working as a medication aide. The employer should also provide specific facility/employer-based initial and ongoing training at that facility – including Medication Administration. The RN may determine that additional training is needed, including retaking a full 20-hour Medication Aide Training Program. An RN, at a minimum, must re-validate competency of the Medication Aide annually. If the employer or work setting is not a nursing home, assisted living facility, or hospital, you will not be required to take the registry exam. Consult your employer and/or the South Dakota Board of Nursing with questions. **Provide your employer with a copy of your Avera Education & Staffing Solutions Medication Aide Training Program completion certificate.**

Use of the AESS curriculum study guides (available within the Med Aide Training Program and are printable) may assist you to study to successfully pass the Unit & Final Exams, and the 1:1 Skills Evaluation.

A copy of the 'Medication Administration Record/MAR for Frank Ford' (attached) will be utilized as a tool during the 1:1 Skills Evaluation. This MAR will be used to simulate medication administration to a 'mock' resident. Be prepared to administer medications based on this MAR. Some, but not all, MAR entries and documentation are incorrect. The student should be able to recognize errors on the MAR, to notify the Nurse of the discrepancy, and how to document that the student notified the Nurse.

During this simulation, the student is expected to know and/or perform simulation on:

- 6 Rights to Medication Administration
- Who do you ask questions of and report concerns to, i.e. who is your supervisor?
- Other than your nurse, what other resources could you check or use if you have questions about a medication?
- What is confidentiality and privacy and why and when is it important?
- Prior to administering medications, how important is it to explain the procedure to the resident, and why?
- When and how to wash hands versus use of hand hygiene, and use of disposable gloves
- Common abbreviations of MAR, QD, BID, TID, QID, QOD, AC, PC, PRN, STAT
- When and how many checks of a label against a MAR, prior to administering a medication

- Reading MAR and labels, checking for allergies, and expiration dates of medication supply provided
- Common terms such as (not all inclusive) Ophthalmic, Optic, Otic, Topical, Sublingual, Buccal
- How to accurately pour a teaspoon (Tsp) of liquid medication versus a tablespoon of (TBSP) of liquid medication versus an ounce of medication – including how many milliliters of each level
- Steps to administer and then document all routes of medications (approved by State of South Dakota regulations/South Dakota Board of Nursing by Medication Aides to administer) to include proper physical positioning (supine, prone, Fowlers, side-lying, Left Sims, Lithotomy for each: oral, sublingual, buccal, eye drops, eye ointment, ear drops, nasal drops, nasal sprays, inhaled and nebulized medications, topical medications including patches, vaginal, rectal

The instructor will utilize the form, 'Unlicensed Medication Aide Skills Performance Evaluation' (attached) to document the evaluation of the student's knowledge of properly administering each route of medication the student is allowed to administer in the state of South Dakota.

If the student does not show competence, the 1:1 Skills Performance Evaluation may be repeated once. If the retake is unsuccessful, the student must restart the program as a new student (beginning at Text Chapter 1 and Online Chapter 1), submitting a new program payment to AESS.

NOTE: the RN Instructor completing the 1:1 Skills Performance Evaluation subjectively makes the final determination of whether the student has successfully completed the 1:1 Skills Performance Evaluation.



SOUTH DAKOTA BOARD OF NURSING

4305 S. Louise Ave., Suite 201 I Sioux Falls, SD 57106-3115 605-362-2760 I https://doh.sd.gov/boards/nursing/

Medication Administration Clinical Skills Checklist

An RN must complete this checklist for each student during the 4-hour clinical or skills lab portion of a medication administration training program. This checklist may be used by the RN/LPN to evaluate annual competency of the medication aide. *Instructor to student/medication aide ratio must be 1:1.*

	Prior to Medi	CATION ADMIN	ISTRATION, TH	E STUDENT OR N	ИE	DICATION AIDE:
	Checked the medication admin	stration record	(MAR) and re	viewed for con	npl	leteness, accuracy, known allergies
	Checked medication resources	and references	as needed			
	Clarified questions with the nur	se				
	Washed hands					
	Collected needed items (e.g. me	ed cup, water, s	straw)			
	DURING MEDIC	CATION ADMINIS	STRATION, THE	STUDENT OR IV	1E0	DICATION AIDE:
	Selected the right medication (e.g. from patier	ıt's med draw	er)		
	Completed the "Rights" of med	ication adminis	tration includ	ing right drug,	do	se, route, time, and patient
	Checked the expiration date of	medication				
	Prepared medication correctly	e.g. poured co	rrect amount)			
	Identified patient according to name, or used bar code scanne		e.g. checked p	atient ID bracel	let	against MAR, called resident by
	Provided privacy as appropriate	!				
	Explained medication procedur	e to patient				
	Obtained & documented requir	ed measureme	nts (e.g. bloo	d pressure, puls	se)	
	Positioned patient appropriatel	y to administer	drug			
is la	ify competency for each route a n iter required, an instructor may pi Administered medication app	ovide educatio	n and validate	competency a	t a	•
	☐ Ear		Nose]	Sublingual
	□ Eye		Oral]	Topical
	☐ Inhaled		Rectal]	Vaginal
	FOLLOWING MEI	DICATION ADMII	NISTRATION, T	HE STUDENT OR	М	EDICATION AIDE:
	Used appropriate infection cont washed hands)	rol procedures	according to	agency policy (e	e.g	. discarded med cup appropriately,
	Handled patient carefully and re	espectfully				
	Recorded the right documentat	on on the MAR	according to	agency policy		
	Reported and recorded patient	observations/c	oncerns			
Nurse	Instructor Name:					Date:
						Date:
	ng Program Name or Employer Na					

April 2024 5

Avera Education Staffing Hospital and Home 1000 W 4th St, Suite 9

NARE

8PM

HOUR

GM GM GM JC

1 2

JC

GM GM GM JC

GM GM JC

GM GM GM GM JC

3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31

GM

GM AB

GM GM JC

1 of 3

Yankton, SD 57078 **ROUTINE MEDICATIONS** HOUR 2 3 4 5 6 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 ORDER DATE Senokot 2 PO at bedtime GM GM GM GM JC JC GM GM GM JC GM GM JC GM GM GM GM JC GM GM AB GM JC GM GM AB ORDER DATE Coumadin 2mg PO one 8AM DR DR DR DR DR FΑ DR DR DR DR FΑ FΑ FΑ on Sun-M-W-F ORDER DATE Coumadin 4mg PO one 8PM GM GM JC GM GM / GM GM JC GM JC GM AB GM GM / GM GM AB on T-Th-Sat ORDER DATE **Ducolox Suppository one** 8PM GM per rectum PRN constipation ORDER DATE Tums Tablets chew one 8PM GM GM GM JC GM GM GM JC GM GM JC GM GM GM GM GM JC GM GM AB GM GM JC GM GM AB GM JC at bedtime ORDER DAT Miacalcin Nasal spray 1 8PM GM GM GM JC JC GM GM GM JC GM GM JC GM GM GM GM JC GM GM AB GM GM JC GM GM AB spray every day alternate

DOCTOR

ORDER DATE

DIET Pureed with thickened slurry liquids
ALLERGIES Fosamax
DIAGNOSIS

GM GM AB

RESIDENT'S NAME

Frank Ford

PO at bedtime

nostril R even L odd

Lorazepam 1mg PO every 6 hrs. PRN nervousness

Robitussin syrup 1 TBSP.

ROUTINE MEDICATIONS

Avera Education Staffing Solutions Hospital and Home 1000 W. 4th St

Yankton, SD 57878

	ROUTINE MEDICATIONS	HOUR	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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	Nitro-dur 0.1 mg patch -																														ш		Ш
	on in am; off at bedtime	4PM			GM				GM							GM													AB		ш		Ш
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ONDER BATTE	Viroptic one drop for										_	_																					
	7days TID, then start	9AM	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	FA	FA	FA	FA	DR	FA	DR	DR	/	/	/
	Tobradex																														\vdash		\vdash
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	Nitrostat 0.4mg SL PRN									GM																							\Box
	chest pain - give one	PRN								GM																							
	every 5 min. for 3 doses									GM																							
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	Desequem Xgel apply to skin eruptions on face at																																
	bedtime	12N	FA	DR	DR	FA	DR	FA	DR	FA	FA	FA	FA	DR	FA	FA	FA	DR	DR	FA	DR	FA		FA	FA	FA	DR	FA	DR	DR			
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	daily; check pulse. Do not				DR		DR	_	DR					DR		FA					DR									DR	ш		
	give if pulse less than 60	Pulse	64	62	67	69	64	64	56	55	64			67	63	67	64	64	64	60	66	67	64	67	64	68	64	63	64	64	ш		Ш
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	each nostril daily	8PM	GM	GM	GM	GM	JC	JC	GM	GM	GM	JC	GM	GM	JC	GM	GM	GM	GM	JC	GM	GM	AB	GM	GM	JC	GM	GM	AB	GM	\square		
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	Demerol 50mg PO every																														\vdash		$\overline{}$
	4-6hrs prn mod.to severe	PRN	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/		GM	GM	JC	GM	GM	AR		\Box		\square
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DOCTOR Do Good, Robert MD

DIET Pureed with thickened slurry liquids ALLERGIES DIAGNOSIS

RESIDENT'S NAME

F. Ford

Avera Education Staffing Solutions Hospital and Home 1000 W. 4th St

Yankton, SD 57878

	ROUTINE MEDICATIONS	HOUR	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
ORDER DATE																																	
	Tobradex Opth. gtts																																
	one drop each eye daily	9AM	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	DR			
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	Tylenol 325mg PO																															\dashv	-
	ii tabs every 4 hours PRN	PRN																													$\overline{}$	\rightarrow	\neg
	pain or Temp. > 101																																\neg
ORDER DATE																																	
	Atrovent Inhaler																																
	2 puffs at HS with spacer	8PM	GM	GM	GM	GM	JC	JC	GM	GM	GM	JC	GM	GM	JC	GM	GM	GM	GM	JC	GM	GM	AB	GM	GM	JC	GM	GM	AB				
ORDER DATE																																	
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	Elavil 30mg PO	12N	FA	DR	DR	FA				D	/C	G	M																				
	one every bedtime																																
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	Bacitracin eye ointment																																
	Right eye daily	9A	FA	DR	DR	FA	DR	FA	DR	FA	FA	FA	FA	DR	FA	FA	FA	DR	DR	FA	DR	FA	FA	FA	FA	FA	DR	FA	DR	DR			
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ORDER DATE																																	
	Metamucil packet 1 PO twice daily with 8oz of	0.4.4	<u> </u>	DR	-		-							-				0	-											2			
	water	8AM	FA	DR	DR	FA	DR	FA	DR	FA	_	FA 4oz	FA	DR	-	FA 4oz	FA	DR	DR	FA	DR	FA	FA	FA	FA	FA	DR	FA	DR	DR			
	Water								<u> </u>			402		<u> </u>		402							<u> </u>	<u> </u>		<u> </u>							
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	2 tabs every bedtime																																
	ROUTINE MEDICATIONS	HOUR	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	10	20	21	22	23	24	25	26	27	28	29	30	31
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DOCTOR

DIET Pureed with thickened slurry liquids
ALLERGIES
DIAGNOSIS

RESIDENT'S NAME Frank Ford

Туре	Duration	Intensity	Alternatives
1-Burning	1- Constant	# or	1- Repositioning
2- Dull	2- Intermittant	Mild (1-3)	2- Backrun
3- Pressure		Moderate (4-6)	3- Slinting Extremity/Incision
4- Heavy		Severe 7-10	4- Application of ice
5- Sharp			5- Application of heat
6- Cramping			6- Diversion (music/tapes)
7- Radiating			7- Other (please indicate)

Date	Time	Site of Pain or Reason	Туре	Duration	Intension	Medication & Route/Alternatives	Initials	Time	Intensity/Response	Initials
1/8/2023	1630	Chest pain midchest; 68-24-142/82; GMaagRN notified	4	1	2	Nirto 0.4mg SL	GM	1635	Chestpain midchest continues 4, 3/1/5; 66-22-	GM
		"Give Nitro 0.4mg SL"		-				1	136/78	
1/8/2023	1638	GMaagRN notified - "Give Nitro 0.4mg SL now"		-		Nirto 0.4mg SL	GM	1644	Chestpain midchest continues 2, 3/1/3	GM
1/8/2023		66-20-130/72; GMaagRN notified- Give Nitro 0.4mg SL		1		Nirto 0.4mg SL	GM		Denies chest pain 0/0/0; GMaagRN notified;	GM
		now"		-					62-16-130/70	
1/15/2023	2040	No BM x4 days	NA	NA	NA	Dulcolax Supp. 1per rectum per GmaagRN	GM	2205	Large Brown BM	GM
1/27/2023	0915	Lt Shoulder pain; incision red	2	1	7	Demerol 50mg PO; 1, 3, 4	AB	1020	Lt Shoulder pain 2/2/2; Alternatives: 1, 3, 4	GM
1/28/2023	2013	G. MaagRN notified- Coumadin discrepancy	NA	NA	NA	Give Coumadin 2mg per GMaagRN	LK			
1/28/2023	2017	Give 1 Tums tablet per Gmaag RN	NA	NA	NA		LK			
1/28/2023	2020	G. MaagRN notified - Miacalcin discrepancy	NA	NA	NA		LK			
1/28/2023	2024	G. MaagRN notified; requested to record time of PRN					LK			
		PO Lorazepam.								
1/7/2023	0800	Lanoxin not given - GMaagRN notified					LK			
1/8/2023	0800	Lanoxin not given - GMaagRN notified					LK			
1/9/2023	0800	Lanoxin not given - GMaagRN notified			-		LK			

Name Frank Ford

Medication/Dosage Demerol 50 mg

Administered BY	Date	Time	Amt on Hand	Amt Rec'd	Amt Given	Amt Remain
GMaag, RN	1/22/2023	2020	30	0	1	29
GMaag, RN	1/23/2023	2005	29	0	1	28
Jen Cross, UAP	1/24/2023	2030	28	0	1	27
GMaag, RN	1/25/2023	2015	27	0	1	26
GMaag, RN	1/26/2023	2014	26	0	1	25
April Brown, UAP	1/27/2023	2028	25	0	1	24